

THUMB WAR FAN CLUB

(5 minutes)

WHY: To get the group up and moving and having some fun!

HOW:

How to complete:

- Explain that we are about to embark on a Thumb War competition to see who the ultimate player is in the group.
- Do a demonstration of a thumb war up the front between the CMs.
- Explain how a thumb war works (most people will probably know this).
- The challenge works by asking everyone in the room to find a partner. On the whistle, they will do a best of 3 thumb war challenge against a partner.
- At the end of 3 rounds, or until a winner is found, the winner goes and finds another winner in the room to play off against each other. Get the winners to put their hands up in the air. The loser from the round has to follow the winner around, and to their next competition, and cheer like crazy for them.
- This continues until you end up with the final 2 people competing against each other, with 50% of the room cheering for one contestant and 50% for the other. You will end up with one overall winner!